



# HIPPY Parents Newsletter

As summer kicks off, we're excited to share simple, fun activities and helpful tips to keep your little ones learning, laughing, and staying safe. These ideas are perfect for preschool-aged children and can be done at home, in the backyard, or on the go. Each activity includes a teaching moment — because every day is a chance to learn and grow!



## Fun Activity

**Color Hunt:** Have your child find and collect objects around the house that are all the same color and count them. Repeat with other colors.

**Build a Shape Snack:** Use crackers, cheese slices, cucumber rounds, etc., to make different shapes. Have your child name them and build a "shape sandwich."

**Story Time Role Play:** Read a favorite story together, then act it out using toys or costumes. Let your child "be" one of the characters.

**Count and Clap:** Pick a number between 1 and 10. Have your child clap, stomp, or jump that many times. Mix it up with different movements.

**Nature Walk & Talk:** Go on a short walk and ask your child to find things that are rough, smooth, soft, or loud. Talk about textures and sounds.

**Emotion Faces with Playdough:** Use playdough to create faces showing different emotions — happy, sad, surprised, angry, etc. Ask your child to guess or talk about what each face might be feeling and why.

## Teaching Moment



**Color recognition & sorting:** Sorting by color helps develop early math and classification skills.

**Shapes & fine motor skills:** Recognizing shapes helps lay the foundation for geometry and spatial awareness.

**Language & imagination:** Pretend play strengthens comprehension, sequencing, and expressive language.

**Early math & rhythm:** Reinforces counting skills and helps connect numbers to actions — a key part of early math.

**Observation & vocabulary:** Builds sensory awareness and descriptive vocabulary — key skills for both science and language.

**Social-emotional learning & fine motor skills:** Helps children identify and talk about emotions — a critical part of developing empathy, self-awareness, and communication skills.



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